J-Term offers a variety of learning experiences for all BMU high school students. The program is designed to provide partial day and full day courses, seminars, field experiences, internships, community service and other teaching and learning opportunities.

Students are offered a wide variety of enrichment courses. Students who would like to explore and enrich their learning beyond what has traditionally been offered during the regular school year will have that opportunity as well.

Teachers are afforded the challenge of offering a new course or alternative learning experience (full day or partial day) which might not be possible during the traditional school schedule. Furthermore, the options of team teaching, interdisciplinary work across departments, off campus activities and creative uses of our resources (people, time, space, supplies and community facilities) will be available.

**SCHEDULE:**

7:50 – 9:50: Course One

9:50 – 10:00: BREAK

10:00-12:00: Course Two

12:00-12:25: Lunch

12:25-2:25: Course Three

*All three J-Term classes must receive a passing grade.*

**ATTENDANCE**


Students must attend and participate in J-Term, an integral element of the academic year. School attendance policies and all school rules and procedures remain in effect. **Students must attend ALL J-Term courses and days during J-Term, which includes J-Term Celebration of Learning, in order to receive credit.** The Administration will consider special and unique circumstances, but only upon rare occasions will exemptions be granted. **Our Celebration of Learning will take place on Friday evening, January 31, 2020.**

**CREDIT**

Successful participation in J-Term for each year at BMU **is a graduation requirement.** River Bend students will still be required to attend their regular programming. **Failure to earn J-Term credit will impact graduation.** Students earn .25 credits towards the required 1.0 J-Term graduation credit per year. If a student fails to earn .25 J-Term credits annually, the student will have to make this up by taking .25 elective credits per year (as needed) to meet graduation requirements. **This is in addition to the required number of elective credits.** In order to earn the required .25 credits for J-Term **Students (and parents/guardians) cannot opt out of J-Term.**
ENROLLMENT
Class enrollments will be limited to the number listed in the course description. Students will select their course choices in December 2019 through a scheduling process. This process will be explained in detail to students prior to their selection.

GRADING
In order to encourage risk-taking and learning enrichment, all students taking J-Term enrichment classes will be graded as: Pass/Failure.

WORK BASED LEARNING
All students in grades 10 – 12 (ages 16 and older) are highly encouraged to enroll in at least one (during their high school career) service-based learning opportunity in the community as an alternative to regular J-Term courses offered on campus. These off-campus opportunities may be career-oriented “shadowing” experiences, internships, or community service projects in schools or other non-profit agencies.

PROCESS STEPS FOR WORK BASED LEARNING AND INDEPENDENT STUDY
Please complete the following for your J-Term Plan Proposal:

1. Pick up a Work Based Learning proposal form from Mrs. Hart. Fill out this form completely and submit it to her.
2. Submit a typewritten proposal detailing the academic component of your J-Term Plan. This must show how your J-Term experience will prepare you for the world of work, how it relates to the classes you are currently taking at BMU, or how this experience will prepare you for college or a career.
3. Complete all the Work Based Learning documents, including having the site supervisor sign relevant documents.
4. Have a parent or guardian sign all forms.

MONITORING PERFORMANCES FOR OFF-CAMPUS EXPERIENCES
Mrs. Blanchard and/or Dr. Barone will review each student’s program design on the Work Experience Application and IF NEEDED will schedule a conference with the student prior to the service-based learning experience. J-Term staff will visit and evaluate students in these experiences. Students will be required to present a project at the J-Term Celebration of Learning.
Course Descriptions

A+/VTVLC Courses
For students who are currently enrolled in an A+ and/or VTVLC (on-line) course(s), you may sign up to have ONE of your J-Term classes be an opportunity to work on/get caught up with you’re A+ and/or VTVLC on-line course(s). Students will be expected to bring their laptop/Chrome Book each day and will be assigned to a supervised location to work. This is by permission only! Students must obtain either Mrs. Blanchard’s or Dr. Barone’s signature for approval on the student registration form before turning the completed registration form into their Advisory teacher.

Advanced Cake Decorating
This course is for students who want to learn cake decorating techniques and have the patience to work on small projects for up to 2 hours. Maximum of 11 students per session.

Asia and Europe Collide
Week one of the course will focus on the culture, history, customs and language of Japan. The last day of this week, we will be cooking Japanese food. Week two will focus on Germany. Come learn some German language, learn about their culture and even experience some German cooking.

Basic Home and Auto Tech: All the basic home and auto know-how everyone should have
Class will cover basic tools for auto and home maintenance, and how to properly use them. How to use a multi-meter for home and auto electrical work. Everyone who attends the class will receive a multi-meter to use and keep. Auto Tech will cover basic maintenance and troubleshooting skills, such as tire change, oil change, air filter, charging system, fuses, cooling system, wiring system, understanding of your gauges inside the car and what to do in case something happens. Basic home will cover basic maintenance and troubleshooting skills needed for simple home repairs such as finding a tripped breaker, changing a switch or outlet, understanding your septic system and addressing leaks.

Book Club
This course is meant for those who love to talk about books. We will read a book together and discuss the themes presented and make connections to our own experiences. We challenge our own thinking through the use of discussion. The book will contain controversial issues that relate to young adults.

Cooking 101 – How to Boil Water
In this class, we will learn basic cooking skills and how to make inexpensive, healthy, simple meals. Learn how to create your favorite food and share it with the class. The course will be filled with lots of flavorful foods and fun!
Drivers’ Ed Semester 1 Final Drives
Students enrolled in the first semester Drivers’ Ed course will need to complete the driving portion of our course during J-Term. **No need for student to sign up for a Drivers’ Ed block of time as the instructor will simply pull each individual student to drive one or two blocks during J-Term.**

Fitness Conditioning
This course will consist of light weight training and high intensity cardio. Students will learn proper form and modification for exercises and high intensity combinations. This course is designed for the fitness enthusiast or someone who wants to jump-start his/her fitness goals. Get ready for sweat fest!

For the Love of Winter!
Does the sight of snow get you pumped for the day? Do you love nothing more than cold temperatures, icicles, snowmen and snowflake-frosted woods? Then this is the course for you! We will be taking walks on the nature trail, watching winter-themed movies, making winter-inspired crafts and much, much, more! Hot chocolate included!

Forensic Science
Have you ever wondered how one tiny piece of hair left at a crime scene provides enough evidence to help crack a case? Through a series of labs, interviews with experts, and videos, we will be learning the basics of forensic science.

Global Explorers
Three magnificent capital cities; three distinctively different flavors of Europe. In bold and colorful Madrid, indulge your appetite for art, music and, of course, tapas. In elegant and enlightening Paris, the Eiffel Tower and the Louvre compete for your attention along with the crepes. While in the well-chiseled landscape of Rome, ancient history springs to life at the Colosseum and Roman Forum, complements nicely by world famous gelato. **Students must have pre-registered for this experience. Those students who have pre-registered only will select this course.**

I’m A Foodie, You’re a Foodie! Let’s all be Foodies Together
Students in this course will explore menus, watch cooking shows, develop menus, cook food worthy of the shows, maybe even make our own cooking show. **This course is limited to 15 students.**

Industrial Technician Basic Knowledge
This class will cover the benefits of an industrial technician career. It will cover basic tools and knowledge. We will talk about the parts that go into the equipment that makes all of our everyday items, how they function, how to troubleshoot and repair those parts (such as sensors, switches, computer controls, etc.). We will cover types of production equipment from a few industries such as food and beverage, wire and cable, cosmetics, etc. This will be a great course for someone interested in pursuing mechanics or electronics as a career path.
Intramurals

*Sneakers are required and students should dress comfortably as participation is mandatory.* Students will participate in a variety of team/individual and dual sports. Examples: basketball, volleyball, bowling, badminton and wiffle ball. Teams and partners will be drawn randomly each day. Different tournament styles will be used for each sport. Example: double elimination, single elimination, round robin and ladder.

Maple Sugaring

The objective of this course is for students to obtain a basic working knowledge of maple syrup production on both a small and large scale. This will be a very “hands on” course with students being exposed to and working with the many aspects of maple sugaring, including “tapping out”, hauling, setting up a sugarhouse for the season, running the evaporator, grading syrup, making maple candy and the marketing of the products. We will also explore the rich history and traditions surrounding sugaring in Vermont; from Native Americans up to modern times. In doing so, we will become very aware of the evolution of maple sugar production from primitive methods up to the highly technical methods used today. *This course is limited to 8 students.*

Modern ARMY Combatives

ARMY Staff Sgt. Landini will be teaching the basics of Modern Army Combatives self defense tactics. Students will be asked to participate as much as possible. This is a physical course in which physical activity and/or physical contact will be requested. All participants should dress accordingly to allow freedom of movement and mobility. A release form will be required before the class starts.

Movies That Changed My Life

Movies and films are powerful for many people. Some are found as entertainment, some allow for expression, some are worthless, and some make you want your money and time back! Then there are a few that simply change the way you look at the world and/or your place in it. We will explore some of those movies and through them we will help others understand their power over us and how we changed as a result.

Outdoor Survival

Would you rather be outside than cooped up in the school building? Join our hardy group of survivors! We will be learning emergency first aid (situational and nature awareness), shelter building, outdoor cooking and more.

Perspectives on Coaching and Referring

Students will examine the ins and outs of coaching and refereeing. We will look at the motivating factors behind why people participate in sports, the role of the coach and the principles of referring any sport.
Public Safety
Have you ever wondered what or where the ambulance or fire truck is going or what they do? Work with local first responders to explore the world of public safety and what it’s all about in your local community. This course will cover the basic organizational structure and local resources. Hands on activities will include EMS skills such as bleeding control and CPR and fire skills such as an introduction to basic tools. Participants will also don firefighting gear. Your local first responders are always looking for new members. This is a great start to that process and gives back to your community! This is a double block course.

Quilting
Are you cold during the long Vermont winters? We have the solution. Learn to turn bits of fabric into a warm, beautiful quilt. During the course, you will turn squares and triangles into a quilt for yourself, plus help to make a quilt to donate to Jazzy’s Children Fund.

Sports Broadcasting
In this course students will learn how to broadcast a live sporting event. There will be opportunities for on-air talent, camera operators, audio engineer, switcher, and other production jobs. Students must be able to attend training during J-Term classes and also be available two evenings for Varsity Girls and Varsity Boys Basketball games on 1/28 and 1/30. This course is limited to 10 students.

Wells River Savings Bank – Internship Opportunities
The Wells River Bank is offering internships to interested BMU students in the areas of bank teller, the Loan Department, IT, and Bookkeeping. There are limited opportunities available. If you are interested in participating in this opportunity, you must speak with Mrs. Blanchard. Opportunities will be filled on a first-come-first-serve basis and are subject to the Bank’s approval. The first 4 students to speak with Mrs. Blanchard will be considered. Students must have their own transportation or transportation arrangements to participate.

WORK BASED LEARNING
Students in grades 10 – 12 (ages 16 and older) are highly encouraged to enroll in at least one (during their high school career) service-based learning opportunity in the community as an alternative to regular J-Term courses offered on campus. These off-campus opportunities may be career-oriented “shadowing” experiences, internships, or community service projects in schools or other non-profit agencies. Students must have their own transportation or transportation arrangements to participate.
# January 2020 J-Term Master Schedule

<table>
<thead>
<tr>
<th>Block I</th>
<th>BREAK</th>
<th>Block II</th>
<th>Lunch</th>
<th>Block III</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:50am – 9:50am</td>
<td>9:51am – 9:57am</td>
<td>10:00am – 12:00pm</td>
<td>12:01pm – 12:28pm</td>
<td>12:30 – 2:25pm</td>
</tr>
<tr>
<td><strong>Public Safety</strong>&lt;br&gt;Location: Room 1099&lt;br&gt;Instructor(s): Henry, Dorothy &amp; Wayne Knott</td>
<td>*</td>
<td><strong>Industrial Technician Basics</strong>&lt;br&gt;Location: Room 1012&lt;br&gt;Instructor(s): Bob Yaroshevich and Jasper Callahan</td>
<td>*</td>
<td><strong>Intramurals</strong>&lt;br&gt;Location: Gym&lt;br&gt;Instructor(s): S. Blood, C. Bisson &amp; W. Smith</td>
</tr>
<tr>
<td><strong>Sports Broadcasting</strong>&lt;br&gt;Location: Room 1084&lt;br&gt;Instructor(s): N. Emerson</td>
<td>*</td>
<td><strong>Cake Decorating</strong>&lt;br&gt;Location: Room 1007&lt;br&gt;Instructor(s): K. Adams</td>
<td>*</td>
<td><strong>Movies That Changes My Life</strong>&lt;br&gt;Location: Room 1009&lt;br&gt;Instructor(s): J. Reeve</td>
</tr>
<tr>
<td><strong>Cake Decorating</strong>&lt;br&gt;Location: Room 1007&lt;br&gt;Instructor(s): K. Adams</td>
<td>*</td>
<td><strong>Forensic Science</strong>&lt;br&gt;Location: Room 1003&lt;br&gt;Instructor(s): M. Scahill</td>
<td>*</td>
<td><strong>Fitness Conditioning</strong>&lt;br&gt;Location: Room 1010&lt;br&gt;Instructor(s): J. Lund</td>
</tr>
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<td><strong>Forensic Science</strong>&lt;br&gt;Location: Room 1003&lt;br&gt;Instructor(s): M. Scahill</td>
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<td>*</td>
<td><strong>Maple Sugaring</strong>&lt;br&gt;Location: Black Lab&lt;br&gt;Instructor(s): J. Munson</td>
</tr>
<tr>
<td><strong>Cooking 101</strong>&lt;br&gt;Location: Room 1090&lt;br&gt;Instructor(s): R. Puffer</td>
<td>*</td>
<td><strong>Book Club</strong>&lt;br&gt;Location: Room 1010&lt;br&gt;Instructor(s): J. Lund</td>
<td>*</td>
<td><strong>Outdoor Survival</strong>&lt;br&gt;Location: Room 1011&lt;br&gt;Instructor(s): T. Powers &amp; N. Kane</td>
</tr>
<tr>
<td><strong>Perspectives on Coaching and Reffing</strong>&lt;br&gt;Location: Room 1100&lt;br&gt;Instructor(s): S. Peck</td>
<td>*</td>
<td><strong>I’m a Foodie, You’re a Foodie</strong>&lt;br&gt;Location: Room 1009&lt;br&gt;Instructor(s): J. Reeve</td>
<td>*</td>
<td><strong>Asia &amp; Europe Collide</strong>&lt;br&gt;Location: Room 1003&lt;br&gt;Instructor(s): J. Ashley &amp; S. Allbee</td>
</tr>
<tr>
<td><strong>Cooking 101</strong>&lt;br&gt;Location: Room 1090&lt;br&gt;Instructor(s): R. Puffer</td>
<td>*</td>
<td><strong>For the Love of Winter</strong>&lt;br&gt;Location: Room 1003&lt;br&gt;Instructor(s): M. Scahill</td>
<td>*</td>
<td><strong>Modern Army Combative</strong>&lt;br&gt;Location: Room 1100&lt;br&gt;Instructor(s): Sgt. Landini</td>
</tr>
<tr>
<td><strong>A+/TVLC Work Time</strong>&lt;br&gt;Location: Room 1009&lt;br&gt;Instructor(s): J. Lund and J. Reeve</td>
<td>*</td>
<td><strong>Modern Army Combative</strong>&lt;br&gt;Location: Room 1100&lt;br&gt;Instructor(s): Sgt. Landini</td>
<td>*</td>
<td><strong>A+/TVLC Work Time</strong>&lt;br&gt;Location: Room 1112&lt;br&gt;Instructor(s): W. Shepard, D. Blanchard and S. Allbee</td>
</tr>
</tbody>
</table>

- **Intramurals** Location: Gym
- **Movies That Changes My Life** Location: Room 1009
- **Fitness Conditioning** Location: Room 1010
- **Maple Sugaring** Location: Black Lab
- **Outdoor Survival** Location: Room 1011
- **Asia & Europe Collide** Location: Room 1003
- **Modern Army Combative** Location: Room 1100
- **A+/TVLC Work Time** Location: Room 1112
January 2020 J-Term Student’s Course Selection

Student’s Name: ___________________________________
(Print Clearly First and Last Name)

Grade: (Circle ONE):  9  10  11  12

First Choice: ____________________________________________   Write Course Title/Name
Second Choice: ____________________________________________
Write Course Title/Name
Third Choice: ____________________________________________
Write Course Title/Name
Fourth Choice: ____________________________________________
Write Course Title/Name
Fifth Choice: ____________________________________________
Write Course Title/Name

NOTE: A+/VT VLC Work Time needs to be pre-approved. If you are selecting this as a course option for J-Term, you need to obtain either Mrs. Blanchard’s or Dr. Barone’s signature prior to turning your course selection into your Advisory teacher.

NOTE: The Wells River Savings Bank Internship positions are on a first-come-first-serve basis and are subject to approval by the bank. The first 4 students to speak with Mrs. Blanchard will be considered. Students must have their own transportation or transportation arrangements to participate.

We will do our best to honor your first three choices. However, space/availability is contingent on some courses having limited number of participants. Scheduling will start with seniors and work backwards. There are no guarantees!

Student’s Course Selections are due into Advisory Teachers by FRIDAY, DECEMBER 20, 2019. Students who do not submit a Course Selection sheet by this deadline will be scheduled into available courses.